Walpole Primary School Newsletter

Nature Culture Future

important dates

Sep 25 – Last Day of Term 3
Oct 12 – First Day of Term 4
Oct 28 – School Photos
Oct30 – World Teacher's Day
Nov 04 – Kindy Cafe
Nov 06 – Faction Carnival
Nov 13 – Room 1 Assembly

OUTWARD BOUND

Room 4 had an action-packed and memorable day on our Outward Bound excursion! We met our guide Saskia and then the day began with a team-building challenge, where the students had to flip over a tarp... while standing on it. It was fantastic to see the students working together, encouraging one another and putting their communication and problem-solving skills to the test. The students then collected sticks and built a campfire to cook damper over. They all agreed it was delicious.

After lunch, we tackled the hike to Mount Clare. There were certainly some tired legs and moments when the track tested us, but reaching our destination made the effort worthwhile. It was fantastic to see students stepping outside their comfort zones and giving things a go.

It was a challenging but rewarding experience, and the day was thoroughly enjoyed by all!



OUTWARD BOUND















From the Principal

by Stuart Klose

As we reflect on another vibrant and productive term, I am filled with immense pride in our students, our staff, and the wonderful spirit that binds our school community together. Across the classrooms, sporting fields, and school grounds, our days have been filled with meaningful learning, teamwork, and great celebrations of what makes our school such a special place to be.

Health, Wellbeing, and Looking Out for One Another

This term, our staff and students engaged in several important health-related incursions that brought valuable learning to life. We were thrilled to welcome the colourful Camp Quality WesCarpade tour, whose crew rolled in with their fantastic cars and generously showered our students with a heap of goodies. Following the excitement outside, Camp Quality delivered a thoughtful and captivating puppet show. Tackling the topic of cancer is never easy, but their team provided a remarkably gentle, engaging, and age-appropriate way to explore such a sensitive subject. To show our support, Isabelle proudly presented the Camp Quality team with a $75 donation raised during our Week 7 Crazy Hair Day.

Our focus on care and empathy continued on the 10th of September, when our school embraced R U OK? Day by dressing in bright yellow. Each class took part in meaningful discussions centred around checking in with friends, family, and peers. Our students embraced the core message of the day: that you do not need to be an expert to make a difference; it is simply about noticing, asking, listening, and showing someone they matter. Seeing our staff guide these conversations with such compassion was truly heartwarming.

Winter Carnival Success in Pemberton

Out on the sporting field, our students' dedication shone brightly at the recent Winter Carnival in Pemberton. Throughout the term, Mr Nisbett worked tirelessly training our teams across netball, soccer, and hockey, ensuring everyone was well prepared and eager to participate. We were blessed with fantastic weather, and our students gave their absolute all from the opening whistle to the final siren.
A special congratulations goes out to our Beginners team, who finished as Runners-Up in their division. This is a tremendous achievement under any circumstances, but even more commendable given they played with only six players and demonstrated incredible grit and determination.



From the Principal

by Stuart Klose

Events like this succeed because of our dedicated team. My sincere thanks go to Mr Nisbett for his tireless coordination and coaching, Mrs Barrow for coaching our athletes on the day, and Ms Sandi for providing her wonderfully overenthusiastic sideline cheering. I would also like to extend a warm thank you to all the parents and carers who travelled to cheer our teams on. Your presence always adds an extra level of fun and energy for both the students and staff, and I always return from these trips with an overwhelming sense of pride in our young people.

Team Building and Adventure with Outward Bound

Yesterday, our Room 4 students stepped outside the traditional classroom setting to spend an action-packed day with Outward Bound. The day challenged them with dynamic team-building activities, cooking traditional damper over a crackling fire, and tackling the physically demanding “Big Walk”. While our students returned thoroughly exhausted, the unanimous verdict was that they had a fantastic and memorable time.

We extend our heartfelt gratitude to the Outward Bound team, not only for providing this enriching day to our students free of charge, but also for their ongoing generosity in donating food to our school throughout the year. We are equally grateful to Mrs Barrow and Ms Sandi for accompanying and encouraging Room 4 every step of the way.

P&C and School Board Updates

We have some exciting campus developments on the horizon thanks to the hard work of our P&C. They are currently reviewing quotes to install a brand-new bike shed at the southern end of the school. With an encouraging increase in the number of students riding their bikes to school, this new shelter will help protect our older students’ bikes during the day. I look forward to working alongside the P&C to see construction begin in Term 4.



From the Principal

by Stuart Klose

Looking ahead to the cooler months, we have also collaborated with the P&C on school uniform updates. At our Term 3 School Board meeting, a motion was formally approved to incorporate school beanies into our dress code, with specific provisions, for Terms 2 and 3. We are working closely with the P&C to have stock ready for future cold snaps, ensuring our students stay warm while looking smart.

The P&C plays an important role in supporting our students and strengthening our school community. We warmly invite parents and carers to join the P&C and become part of this wonderful team. To get involved, please contact Alicia by emailing walpoleprimarypandc@gmail.com.

Community Appreciation

Finally, I would like to extend our deepest appreciation to Brendan Fergusson, who generously volunteered his time and energy to assist with gardening around our grounds while our regular gardener, Mark, took some well-deserved leave. Our school grounds look cared for and welcoming because of generous community members like Brendan, who are always ready to roll up their sleeves and lend a hand.

Thank you to our dedicated staff, curious students, and supportive families for making this term such a success. I wish everyone a safe, restful break, and I look forward to welcoming you all back for a productive and exciting Term 4.







SPORTS NEWS

🏐⚽🏑 2026 Winter Sports Carnival! 🏑⚽🏐

Walpole Primary School students recently headed to Pemberton for the 2026 Winter Sports Carnival, joining students from Nannup, Northcliffe and Pemberton for a fantastic day of winter sports.
Students competed across three sports — netball, uni-hoc and soccer. A special congratulations to Team Beginner, our Year 3 and 4 students, who were awarded Runner-Up in the Beginner competition!
All our students were commended for their fantastic effort, teamwork and sportsmanship.
A big thank you to the parents who came along to support our students.
Your encouragement helped create a wonderful community atmosphere.
And we couldn't have asked for better weather!
Well done, Walpole!









NEWS ROOM 1

Father's Day & Special People Celebration

We had a wonderful afternoon celebrating the Dads, Grandads, Grampas and special people in our students' lives.

Our special afternoon tea was a lovely opportunity to recognise and celebrate all the wonderful things these important people do for us. It was fantastic to see so many families joining us and enjoying some special time together.

A big thank you to everyone who came along and helped make the afternoon such a happy and memorable celebration. We loved having you there! 💙











NEWS ROOM 2

Term 3 has been a busy and rewarding term in Room 2, with plenty of opportunities for students to learn, grow and contribute to our school community.

Wellbeing and Community This term, we have placed a strong focus on kindness, connection and looking out for others. We celebrated Crazy Hair Day to raise funds for Camp Quality, and students enjoyed getting creative while supporting such an important cause. We were also fortunate to welcome the Camp Quality car convoy to our school, along with a puppet show that helped students develop their understanding of what life can be like for children living with cancer. Students learned that we cannot “catch” cancer and helpful ways we can support children affected by cancer.



NEWS ROOM 2

We also recognised R U OK? Day, with Room 2 presenting an assembly to the school. Students introduced the ALEC conversation steps — Ask, Listen, Encourage Action and Check In — and shared ways we can all become better listeners and supportive friends.





R U OK?®
A conversation could change a life.

NEWS ROOM 2

Gratitude in Room 2 Our classroom wellbeing focus this term has been gratitude. We have been exploring what it means to notice and appreciate the people, experiences and things that make our lives special. At the beginning of the term, students often gave general responses such as “my family” or “my friends”. As the term has progressed, they have become much more specific, explaining why they are grateful. It has been wonderful to see students recognising small acts of kindness, special moments with friends, things they enjoy at school and the people who support them. This has helped us to develop a greater appreciation for the positive things around us.

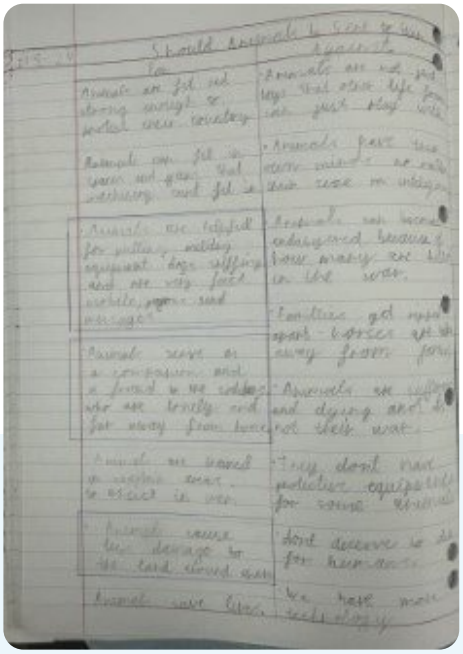
English Our writing focus this term has been persuasive writing. Students have been learning how to clearly communicate an opinion and convince their audience using strong reasons, persuasive language and supporting details. We have focused on developing interesting introductions to engage the reader, organising ideas into paragraphs and choosing language that makes our arguments more convincing.

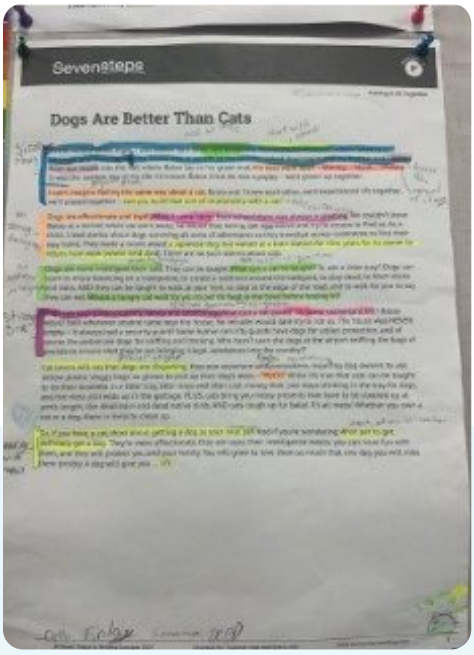
Mathematics In Mathematics, students have been developing their understanding of measurement, time, multiplication and division. We have explored measuring and comparing objects, reading and representing time, and building fluency and understanding with multiplication and division strategies. Students have had opportunities to apply their mathematical knowledge to practical, everyday situations.

It has been a wonderful term of learning and growth in Room 2. We are proud of the way our students have continued to develop their knowledge, confidence, independence and care for others, and we look forward to seeing them continue to put their learning into action.



NEWS ROOM 4

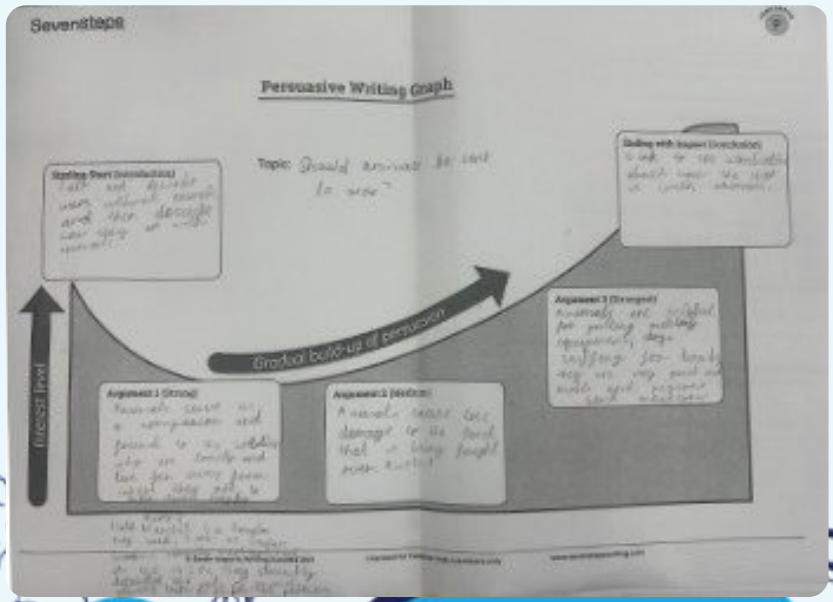




Persuasive writing examples

This week, the students have been working hard to complete their persuasive writing pieces, bringing together everything they have learnt throughout the term. Our persuasive writing has been based on the question: “Should animals be sent to war to help aid soldiers?” This topic connects closely with our class novel, War Horse, and has encouraged some thoughtful and interesting discussions in the classroom.

The students have been working on developing strong arguments, providing reasons and evidence to support their ideas, and using persuasive language to clearly communicate their point of view. It has been wonderful to see the effort and thought they have put into their writing!

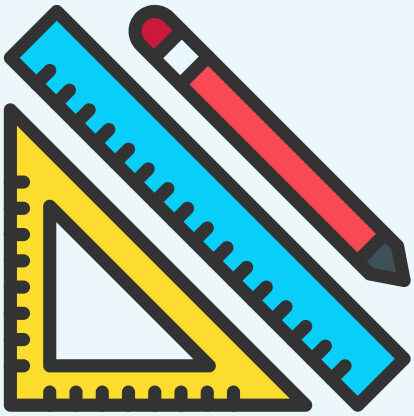


NEWS ROOM 4

Maths

Room 4 has also been busy exploring perimeter, area and volume in Mathematics! We began by using informal units of measurement, giving students the opportunity to develop their understanding through hands-on and practical activities before moving on to formal units of measurement. Students have been learning about square units for area and cubic units for volume, building their understanding of why and when we use units squared and units cubed.









NEWS ROOM 4

Our learning has taken us outside the classroom too! Students enjoyed measuring the perimeter of our school courts, working together to measure real-world spaces and apply their mathematical skills.

Back in the classroom, students enjoyed using a single sheet of newspaper to measure the length and width of the classroom before calculating its area. This hands-on activity helped students connect their understanding of measurement and area to a real-world space.



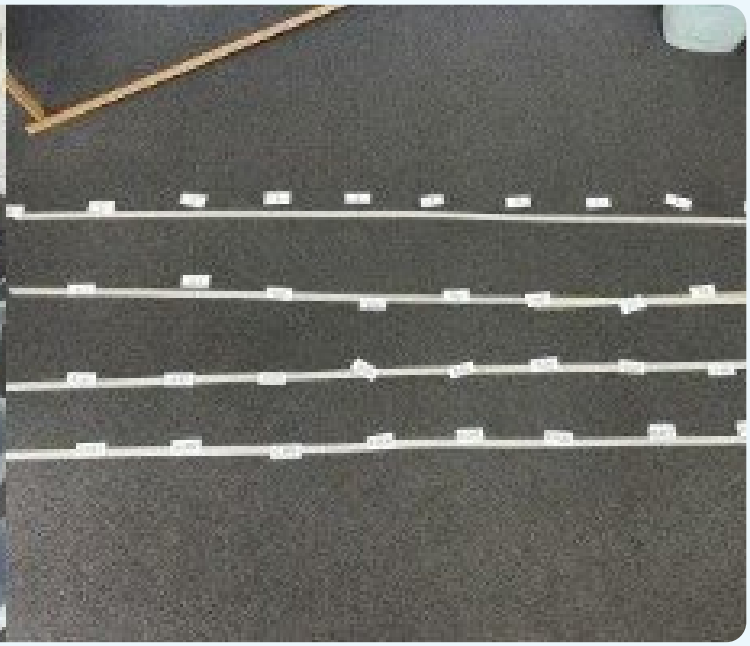
NEWS ROOM 4

It has been fantastic to see Room 4 students getting hands-on with Mathematics, asking questions, working together and discovering that maths is all around us! Our students have been busy exploring decimals in Number and Algebra, with plenty of hands-on activities making maths both engaging and meaningful!

Students have been developing their understanding of decimal numbers by measuring and placing decimals on number lines, comparing and ordering decimal values, and exploring how decimals relate to whole numbers and fractions.

There has been lots of learning through play and collaboration, with students working together to solve problems and taking part in a range of hands-on maths games and activities. These experiences have encouraged students to explain their thinking, share strategies and learn from one another.





NEWS ROOM 4





Science– Exploring Extreme Environments

Migration and Hibernation

Room 4 has continued our exciting learning about extreme environments and animal adaptations by exploring two fascinating ways animals survive challenging conditions: migration and hibernation.

We learned that when environments become too cold, too hot, dry, or when food becomes difficult to find, some animals move to a different place while others slow down and conserve energy.
Migration is when animals travel from one place to another, often at particular times of the year, to find food, warmer conditions or a safe place to reproduce. We discovered that many animals travel incredible distances, sometimes across countries or even oceans! Birds, whales, fish, insects and other animals all use migration as a survival adaptation.

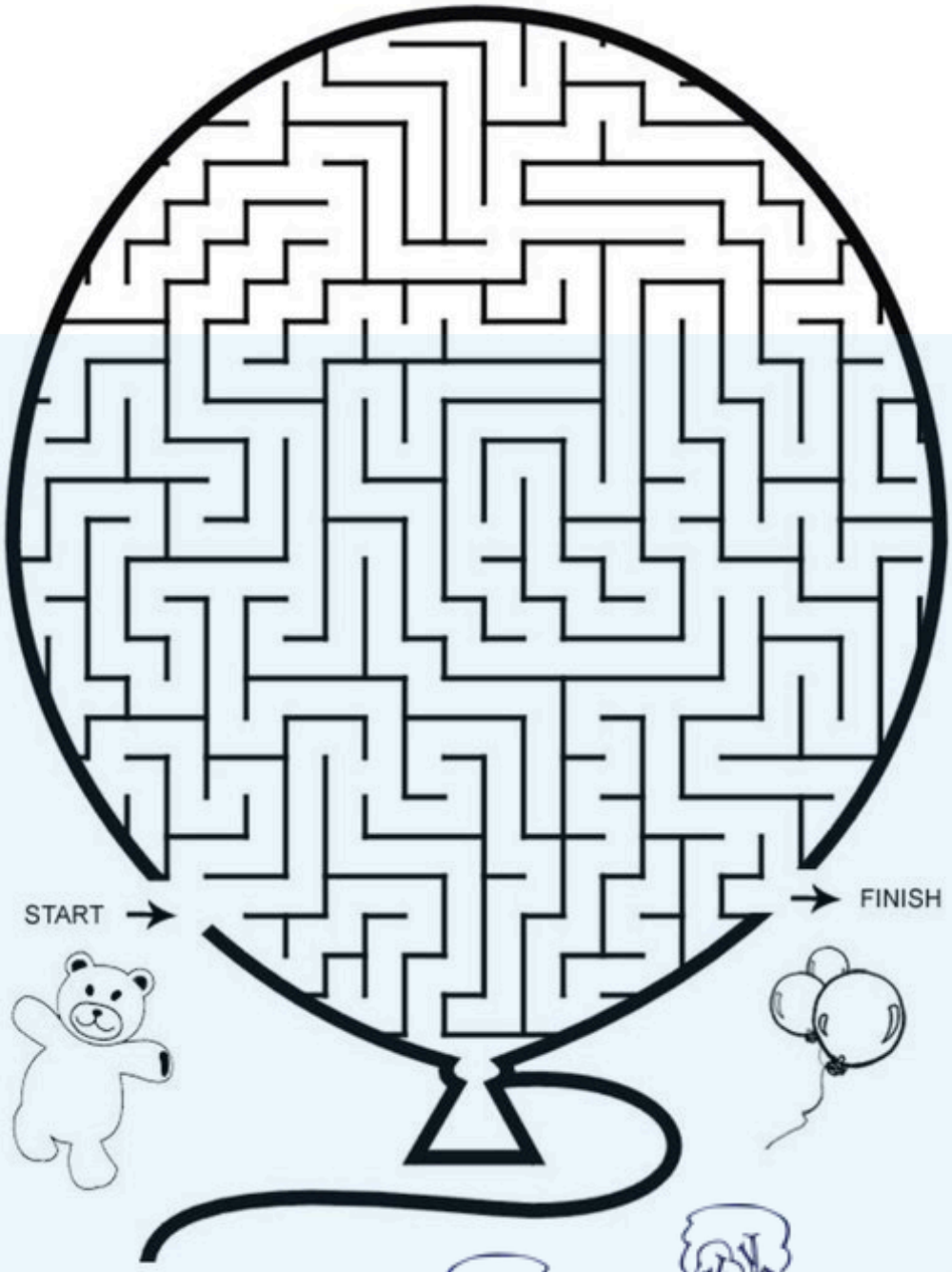
We also investigated hibernation, where some animals enter a state of very low activity to help them survive periods when conditions are difficult and food is scarce. During hibernation, their heart rate, breathing and body temperature decrease, allowing them to conserve energy. Before hibernating, many animals build up energy reserves that they can use while resting.
Room 4 has enjoyed comparing the two adaptations and thinking about the different ways animals respond to changes in their environments.





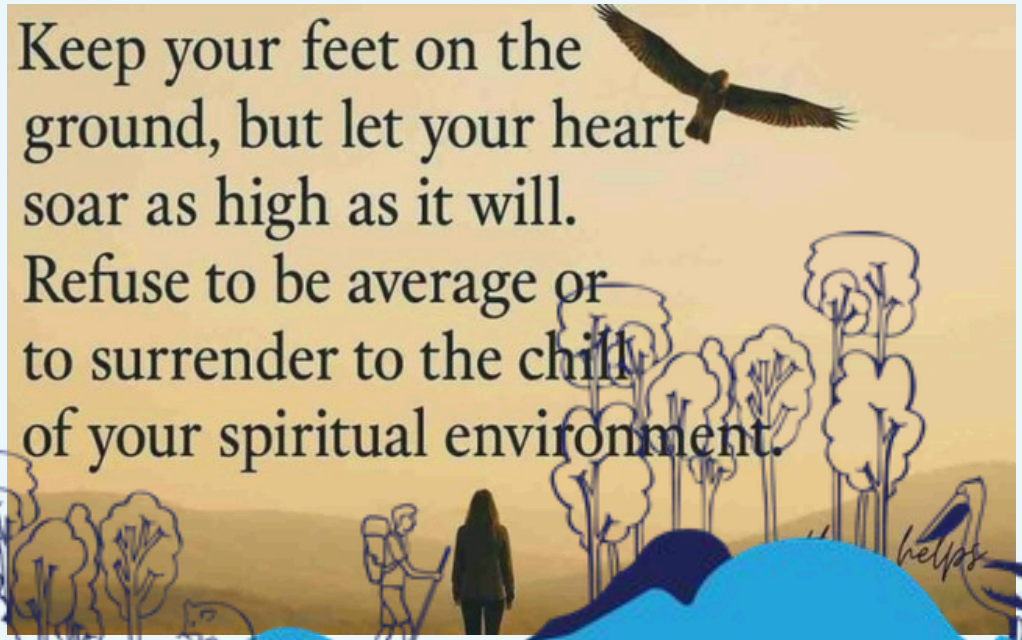
YEAR 6 HOLIDAY PUZZLES

Show Benny the bear the way to his balloon



YEAR 6 HOLIDAY PUZZLES





YEAR 6 HOLIDAY RECIPE



2 tbsp butter

1 cup caster

sugar 2 eggs

Stage one



1/2 cup lemon juice

Cream butter, sugar and eggs.

Add lemon juice and mix well.

Stage two

Place mixture into a saucepan

and cook steadily until it thickens.

Allow mixture to cool slightly.

Stage three

Pour into sterilised jars and keep

refrigerated.



KITCHEN GARDEN

Update 🌱



Harvest, Cook & Create

Our Kitchen Garden students have been busy making the most of our fresh produce! We used our harvested produce to make delicious lemon butter and pikelets, which were enjoyed by everyone.

Out in the garden, students have started cleaning out and preparing the garden beds, ready for planting our new crops in Term 4.

In our multi-age groups, students have also been writing up their recipes and adding their own creative touches. It has been wonderful to see students of different ages working together, sharing ideas and developing their cooking, gardening, writing and teamwork skills.

Another busy and rewarding time in our Kitchen Garden! 🌱🍋🥞



SEE OUR PIKELET RECIPE ON PAGE 20

KITCHEN GARDEN

Kitchen garden in Room 4

Our Kitchen Garden groups have been busy again! Each fortnight, our three groups rotate through different jobs. One group prepares and cooks a recipe, another writes up the recipe from the previous fortnight, and the third group harvests our produce and gets stuck into the gardening.
This week, Mrs Rushton's group made delicious pikelets! They followed a simple recipe, which we will attach so that your child/ren can have a go at making them at home.

It has been wonderful to see our Room 4 students working alongside and supporting our younger students. These opportunities are a lovely way for students to learn from one another, build confidence and develop a real sense of community.

Easy Pikelets

These are quick, fluffy Australian-style pikelets—great for breakfast or afternoon tea.

Ingredients

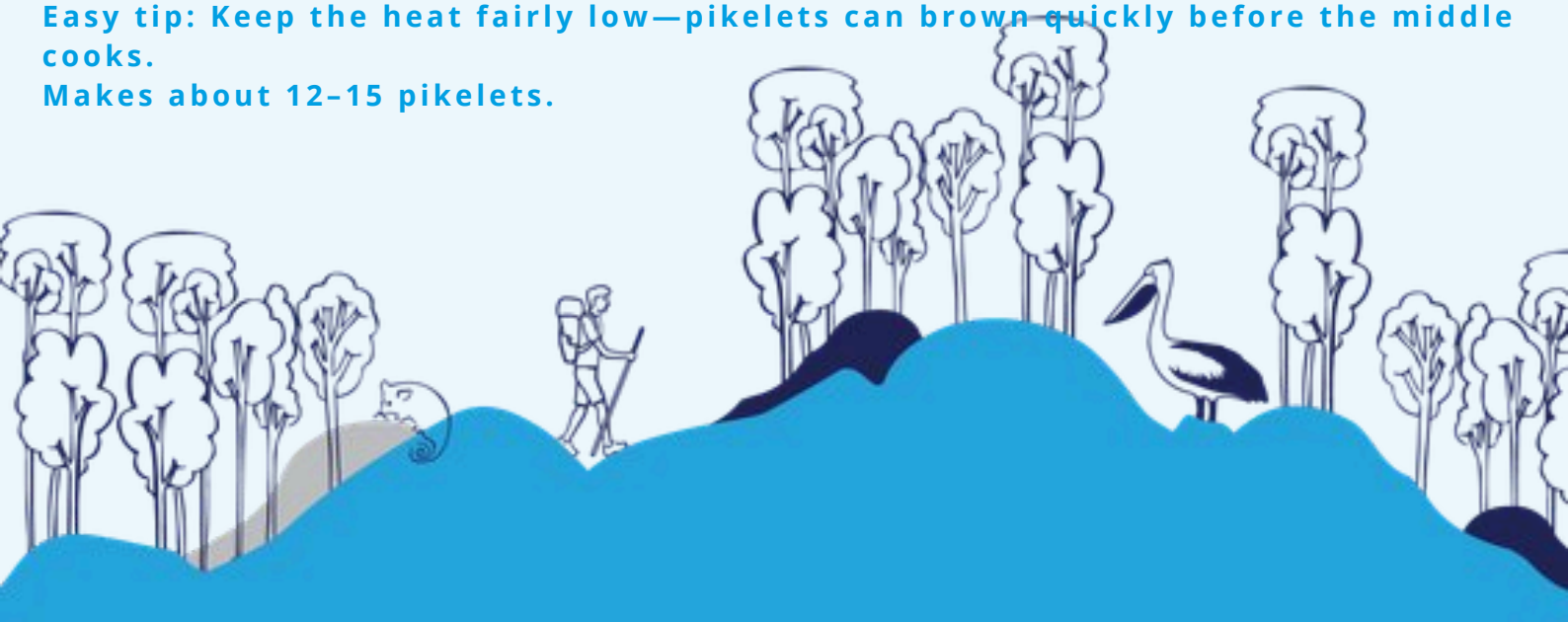
- **1 cup (150 g) self-raising flour**
- **2 tbsp caster sugar**
- **1 egg**
- **¾ cup (180 ml) milk**
- **1 tbsp melted butter**
- **Butter or oil, for cooking**

Method

1. **Mix: Whisk the flour and sugar together. Add the egg, milk and melted butter, then whisk until just combined. A few small lumps are fine.**
2. **Rest: Let the batter sit for 5 minutes.**
3. **Cook: Heat a lightly buttered non-stick frying pan over medium-low heat. Drop in tablespoons of batter.**
4. **Flip: Cook for about 1–2 minutes, until bubbles appear and the underside is golden. Flip and cook another 30–60 seconds.**
5. **Serve: Enjoy warm with butter, jam, honey, or your favourite topping.**

Easy tip: Keep the heat fairly low—pikelets can brown quickly before the middle cooks.

Makes about 12–15 pikelets.



TECHNOLOGY NEWS

It has been a busy and creative second half of the term in Design Technology, with our students continuing to work on three exciting projects that combine design, creativity and sustainability. Across the rooms, students have been challenged to design, build, test and improve using recycled and repurposed materials.

Room 1 – Who Sank the Boat?

Room 1 has been busy designing and constructing their own boats using recycled household materials. Once their boats were built, the students put their designs to the test!

First, they tested how many counters their boats could hold before sinking. They then increased the challenge by adding animal weights, just like in Pamela Allen's much-loved story Who Sank the Boat? This provided plenty of opportunities for students to make predictions, test their designs and think about why some boats floated while others sank.

To finish the unit, the students put their own creative spin on the story by writing and creating their very own “Who Sank My Boat?” stories. It has been wonderful to see their imagination, problem-solving and storytelling skills come together.







TECHNOLOGY NEWS

Room 2 – Recycled Instruments

Room 2 has completed the construction of their musical instruments made from recycled materials. Students have shown fantastic creativity in transforming everyday items into instruments capable of producing a range of sounds.
The final challenge was to work together to compose and perform a piece of music lasting between one and two minutes. I was incredibly impressed by their teamwork, creativity and musical prowess. Students had to listen to one another, experiment with sounds and work together to create a finished composition.
What a fantastic example of how recycled materials can be transformed into something both functional and creative!







TECHNOLOGY NEWS

Room 4 – Mini Greenhouses

Room 4 has been working hard on constructing their own mini greenhouses. The students have been carefully building the frames from wood and thinking about how to create a suitable covering for their structures.

In keeping with our sustainability focus, the “glass” is being made from old plastic workbook covers that we recycled earlier in the year. This has given students the opportunity to see how materials that might otherwise be thrown away can be given a new purpose.

Their mini greenhouses are a wonderful combination of design, construction, sustainability and science, and we can't wait to see how they turn out!





Designing for a Sustainable Future

Across all three projects, students have been learning that good design isn't just about making something work — it is also about thinking creatively about the materials we use and how we can reduce waste. From boats and musical instruments to mini greenhouses, our students are discovering that with a little imagination, recycled materials can become the starting point for something amazing.

LIBRARY NEWS

Thank you so much to the Walpole Primary School staff and families who once again supported our Scholastic Book Fair.

The travelling Scholastic Book Fair comes each year to Walpole Primary School in Term 3 and is highly anticipated by our students.

2026 did not disappoint with a fabulous selection of books, and plenty of journals, cute stationary and new posters to delight the children.

Thank you to our parent volunteers who joined in the fun to run the lunchtime sessions, and all our wonderful staff for supporting the fair.

We made record sales this year of just over $1,700.00.

What a fabulous fundraising effort - our library received $444 worth of free books from the Book Fair, with another $60 in credit to spend in the future on all our favorite authors and new releases.

Spotted this week was our Library Monitor Louis helping Ms Viner catalogue and cover the books, and students checking out some new titles in the library at lunchtime.

Happy Holiday reading everyone 🙂





CONGRATULATIONS

Congratulations on receiving a merit certificate at our last assembly.

ROOM 1 WINNERS:

- Vada Burton
- Ren Catoni
- Antoni Miles
- Leo Schultz



ROOM 2 WINNERS:

- Stevie Miles
- Luke Skippings
- Hazel Cullinan
- Felix Machner
- Wihanre Du Toit

ROOM 4 WINNERS:

- Finlay Anning
- Savanna Bir
- Deed Neill
- Rosie Pollard
- Chloe Strickland
- Shae Thomas



COMMUNITY NEWS

🌈 SCHOOL HOLIDAY THINGS TO DO!

Looking for some fun activities during the school holidays? There is no shortage of things to do this holiday break in Walpole and surrounds.
Add these to your calendar and tick them off as you go!

◻ Lantern Making Workshop 🏮
📅 Tuesday, 29 September

◻ Geocaching Adventure 🧭
📅 Wednesday, 30 September

◻ Dragon Eggs 🐉
📅 Friday, 2 October

◻ Bornholm Family Fun Day 🎉
📅 Friday, 2 October | 10am–2pm
📍 Bornholm Hall Denmark

◻ Rainbow Rides 🌈
📅 Sunday, 4 – Tuesday, 6 October

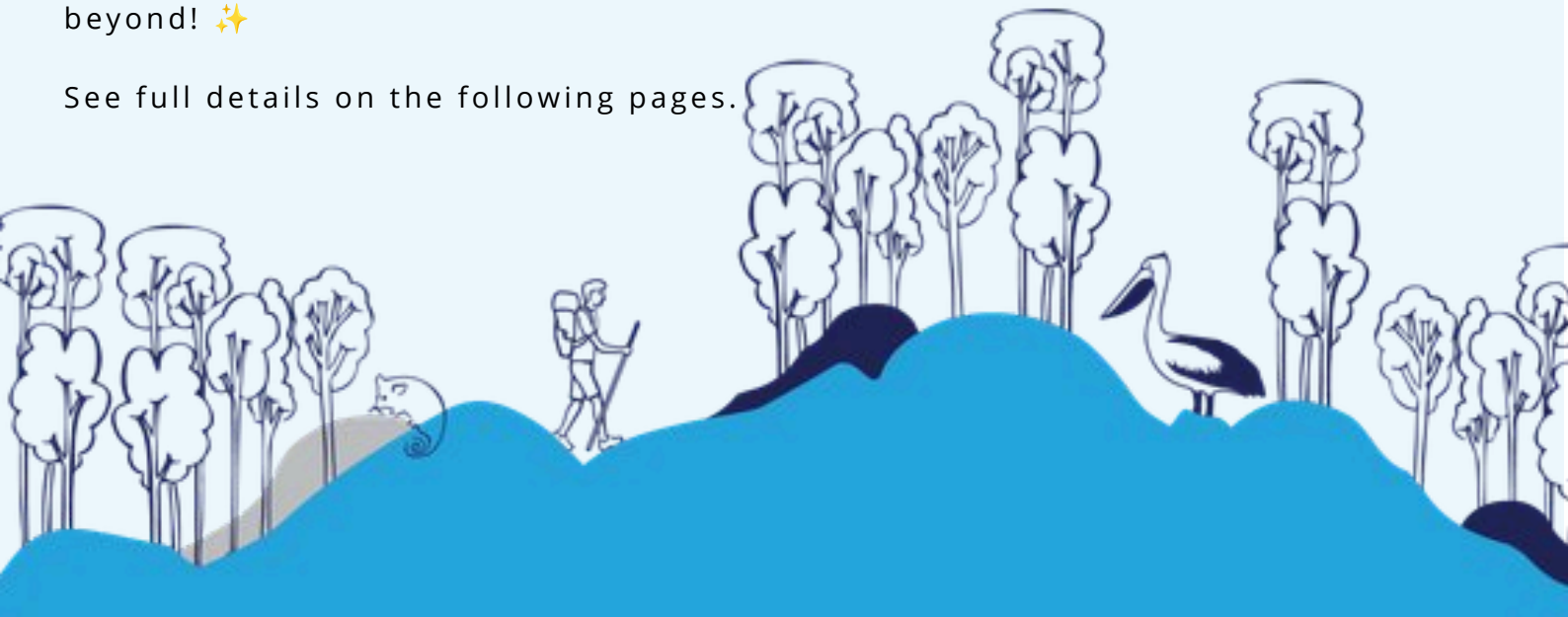
◻ Geocaching Adventure 🧭
📅 Wednesday, Wednesday, 7 October

◻ Lego Club 🧱
📅 Friday, 9 October

◻ Junior Bowls Program
📅 Friday, 16 October

Have fun, try something new and make the most of the school holidays and beyond! ✨

See full details on the following pages.





Join us for FREE Lantern Making Workshops

on **Tuesday 29th September**

Book here

10:30 - 11:30am | Sea Star Lantern Workshop (Suited for participants aged 4 - 12 years. Participants must be supervised by a caregiver)
12:30pm - 2:30pm | Koornt Lantern Workshop (Suited for participants aged 12 +. Participants under 12 will require assistance from a caregiver)

at the **Denmark CRC,** 2 Strickland St

MORE INFORMATION
southernedge.org.au/carryingthefire

Carrying the Fire is initiated, produced and presented by FORM Building a State of Creativity in collaboration with Creative Producer Southern Edge Arts and Artistic Director Annette Carmichael, as part of the Albany 2026 program. Lotterywest is a Major Supporter of the City of Albany 2026 Program. Minderoo Foundation is proud to be the Lead Partner of Carrying the Fire. This project has been assisted by the Australian Government through the Festivals Australia program.

Project Producer FORM | Project Partner Albany | Major Supporter lotterywest | Lead Partner | Government Partner | Creative Producer SEA


Geocaching!
Explore.
Navigate.
Discover.
Only $5pp
Ages 7-15
Bookings Essential
Can You Find the Hidden Caches?
Grab a GPS, follow the clues, and take on an outdoor treasure hunt adventure! Work with your team to discover hidden caches, collect letters, and crack the mystery word.
Where?: Kwoorabup Community Park
When: 30th September: 10.00am - 11.30am
or
7th October: 1.30pm - 3.00pm
Book Now!
https://events.humanitix.com/geocaching-kwoorabup
SHIRE OF DENMARK

DRAGON EGGS

Create clay dragon eggs at Walpole Public Library



Date: Friday 2 October 2026
Time: 10:00AM - 12:00PM
Cost: Free Event
Recommended Age: 6 - 13 years

RSVP required by 30 September 2026
Please confirm your attendance by calling 9840 1108 or emailing walpolelib@manjimup.wa.gov.au

All materials will be provided


Join Us for this year's
BORNHOLM FAMILY FUN DAY!
FRIDAY, OCTOBER 2ND
10:00AM - 2:00PM
Shanti Fairy
FREE ENTRY FOR ALL
Jamie the Clown
BOUNCY CASTLE
Nana Face Art
SAUSAGE SIZZLE
FUNDRAISING
CHILDREN'S CRAFT
Uplyft.
strong young futures
LOCKYER CHILD & PARENT CENTRE
AND MORE!
BUNNINGS
Festival Halls
ArtSouthWA
A+
CITY OF Albany
FREE ENTRY FOR ALL - EVERYONE WELCOME!
Bring the whole family for a day of fun, laughter and community spirit!

SOUTHERN FORESTS & VALLEYS

Rainbow Rides

GRAVEL CYCLING - FAMILY FUN - EVERYONE WELCOME



FREE EVENTS

Balingup

- Sunday 4 October 2026
- 9am - 12noon
- Balingup Medieval Carnival Site

14KM COMMUNITY RIDE

Bridgetown

- Monday 5 October 2026
- 9am - 12noon
- Bridgetown Primary School

15KM COMMUNITY RIDE

Pemberton

- Tuesday 6 October 2026
- 2pm - 5pm
- Pemberton District High School

15KM COMMUNITY RIDE

OFF ROAD GRAVEL CYCLING

STALLS & LOCAL FOOD

KIDS RIDING ACTIVITIES

FUN FOR ALL AGES

TO REGISTER AND FOR MORE INFORMATION SCAN THE QR CODE OR VISIT:

www.westcycle.org.au/rainbow-rides

The Rainbow Rides are delivered in partnership by:

WARREN BLACKWOOD ALLIANCE OF COUNCILS

WESTCYCLE

Explore - Discover - Adventure - www.SouthernForestsAndValleys.com

LEGO CLUB

Join Walpole Public Library's **LEGO CLUB!** Unleash your creativity and imagination! For beginners to seasoned builders, come and join in the LEGO building fun.

Perfect for ages 5+
DATE: Friday 9 October 2026
TIME: 10am - 11:30am
RSVP essential, places are limited, please register so you won't miss out
PH: 9840 1108 or
E: walpolelib@manjimup.wa.gov.au

DENMARK RIVERSIDE CLUB

JUNIOR BOWLS PROGRAM

TERM 4 - TERM 1





4PM FRIDAYS
STARTING 16TH OCT

$5 per session
or
$75 for the season

Designed to introduce children aged 5–18 to the sport of lawn bowls in a fun, inclusive, and supportive environment.

- Experienced Coaches
- Learn the basics of Bowls
- Training and Games!
- Build coordination, confidence and develop new friendships
- KidSport Registered

REGISTER HERE

MORE INFORMATION:

- **9848 1517**
- denmarkriversideclub.org.au

Proudly sponsored by

TAYLOR
KIDSPORT
CARTER'S
Denmark Riverside Club Inc.

CONTRIBUTIONS 2026

Contributions have been set at $60.00 per child for 2026. Payment of these enables the school to support your child's education by providing materials, services and facilities such as:

- cooking ingredients
- materials for arts and crafts, design and technology, and science activities
- class sets of resources
- access to educational software systems such as Mathletics.

This equates to $1.50 per week or $15.00 per term. The school is very happy to support families wishing to set up a payment plan, please contact the office and organise to meet with the Manager Corporate Services.

BUS NOTIFICATION

To assist the smooth departure of the school buses, **could you please contact the office via phone or email before 2pm** if there is to be a change in plans for children getting home. Please also contact the office regarding ongoing changes such as participation in after-school sport on Wednesdays (when running).

FEELING UNWELL

Families are reminded that if your child is unwell with flu like symptoms that they stay home until their symptoms resolve.

To ensure the safety of our students, parents please make sure that the office has the most up to date medical details for your child.





email your newsletter items to:

walpole.ps@education.wa.edu.au or dropped off at the office by 3pm Monday of newsletter week. Newsletters this term will be made available from our website on Friday of Week 5 and 10.

WALPOLE PRIMARY SCHOOL

08 6871 0200
1 Swan Street Walpole WA 6398
walpoleps.wa.edu.au
walpole.ps@education.wa.edu.au

HOLYOAKE
Whenever you're ready.

2 day course

Standard Mental Health First Aid Course

The Standard Mental Health First Aid (MHFA) course is an evidence-based training program designed to equip adults with the knowledge and practical skills to support other adults experiencing mental health problems, crises, or distress. Developed by Mental Health First Aid Australia, the course teaches participants how to recognise common mental health conditions, provide initial help using the MHFA Action Plan, and guide a person towards appropriate professional support. This interactive course promotes understanding, reduces stigma, and helps build mentally healthy communities.

Location: 24 Latham Ave, Walpole WA 6398
Venue: Date: Walpole Community Resource Centre
Time: Thursday 3rd & Friday 4th December 2026
Registration: 8:30am til 4:30pm both days (Morning Tea & Lunch Provided)
https://events.humanitix.com/mental-health-first-aid-course-walpole-3rd-and-4th-dec-2026

If you have any enquiries or need further information, please contact Rachel Miller RMiller@holyoake.org.au or Jo Drayton, Specialist Training Coordinator JDrayton@holyoake.org.au or visit



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The Community Wellbeing Program is funded through the Australian Government's Sheep Industry Transition Assistance Package and administered by the Department of Primary Industries and Regional Development.

HOLYOAKE
Whenever you're ready.

1 day workshop

Accidental Counsellor Workshop

The Accidental Counsellor Workshop is a practical training program designed to equip individuals who find themselves supporting individuals in distress. The workshop teaches participants how to recognise when someone is in distress, respond with empathy and confidence, and refer them to appropriate professional support. Through interactive discussions, participants develop the ability to remain calm, listen effectively, and provide immediate, compassionate assistance - without taking on the role of a professional counsellor.

Location: 24 Latham Ave, Walpole WA 6398
Venue: Date: Walpole Community Resource Centre
Time: Wednesday 2nd December 2026
Registration: 9:00am til 4:30pm (Morning Tea & Lunch provided)
https://events.humanitix.com/accidental-counsellor-workshop-walpole-2nd-december-2026

If you have any enquiries or need further information, please contact Rachel Miller RMiller@holyoake.org.au or Jo Drayton, Specialist Training Coordinator JDrayton@holyoake.org.au or visit



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