



# Walpole Primary School Newsletter

## Nature Culture Future

*important  
dates*

31 October – WPS Athletics Carnival

11 November – School Development Day {Students don't attend}

13 November – Public School Review

15 November – Interschool Athletics Manjimup

## 2024 ATHLETICS CARNIVAL

The student had been hard at work for the last four weeks, training in the hope their faction would take out this year title and the bragging rights that go with it.

The day began with the jumps and throws for the Year 1- 6s and Green faction got off to a big lead early. Blue faction certainly made up some points from their strong and relentless cheering (parents included). Deed Neill took out the 400m championship event and Lyndon Rule just pipped Dylan Strickland at the line in a very hard fought 800m.

Mid-morning, the Pre-Primary students joined the carnival and the track and field events got underway. Green faction dominated most of the individual sprint events but Blue fought back in the team games to eventually take the overall win with 394 to Green's 385 points, such a close finish.

The students demonstrated exceptional sportsmanship and just as importantly, resilience. We are very proud of how they all performed. Thank you to our amazing P&C for providing a free sausage in a bun to every student. Also, a big thank you to all the parents that came along, your support of the students and your participation was greatly appreciated.

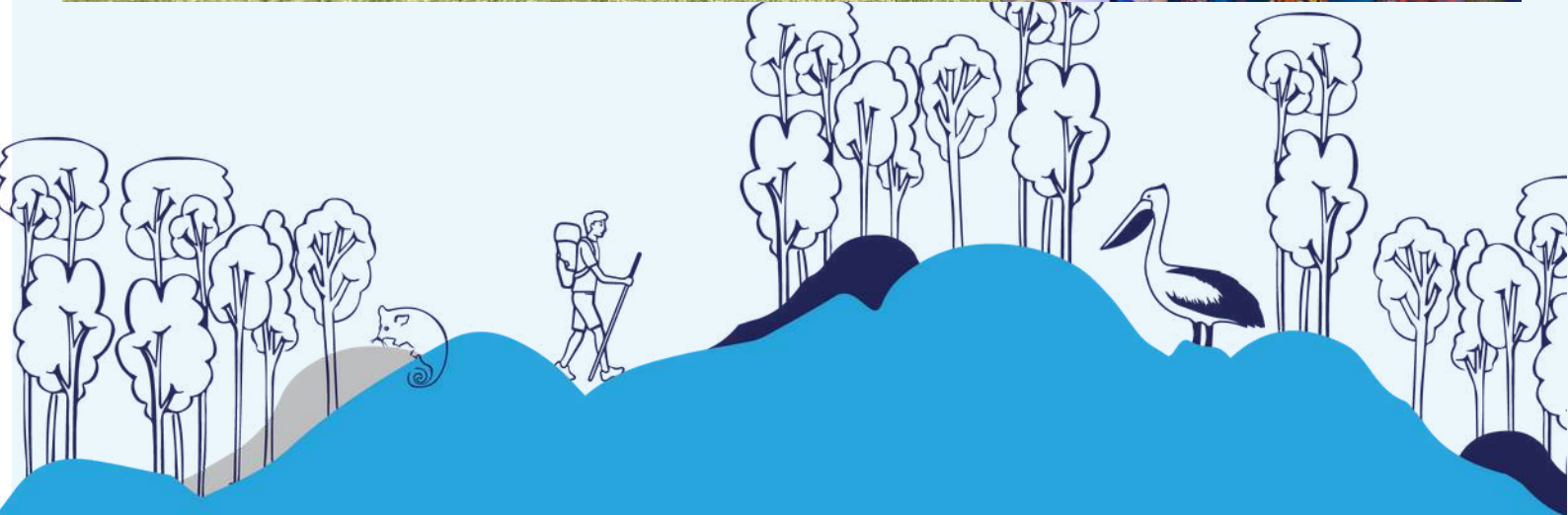
A wonderful day was had by all.







# 2024 ATHLETICS CARNIVAL







# 2024 ATHLETICS CARNIVAL





# From the Principal

by *Stuart Klose*

Kaya, parents and community members,

We are right in the middle of the Manbarang season which is depicted by the colour yellow. Our native plants are bursting with flowers especially the acacia. The bright orange and yellow flowers of the Australian Christmas Tree indicate that the warm weather is upon us.

It was great to see so many parents and family members at yesterday's Athletics Carnival. It was such a positive and rewarding day. I am so proud of all of our students and look forward to the Interschool Carnival in Pemberton on Friday, Week 6.

## Semester Two Reporting

The Department of Education have made changes to the reporting process for parents. Teachers are no longer required to make written comments for English or Maths. We will be working on a new process to report student learning and achievement to parents for 2025.

To assist parents to adjust to this change, parents will receive their child's Semester Two reports on Friday 29 November (Week 8). Parents will have the opportunity to review their Semester Two report and arrange an interview if required.

## Compass is Coming

During Week 7 this term, we will be transitioning to a new student management system called Compass. This is currently used in most high school around the state including Denmark Senior High School. Compass provides an easier way to provide attendance details to the school, communicate with school staff, provide consent electronically for events like sports carnivals and many other time saving features. These features will be rolled out over a period of time.

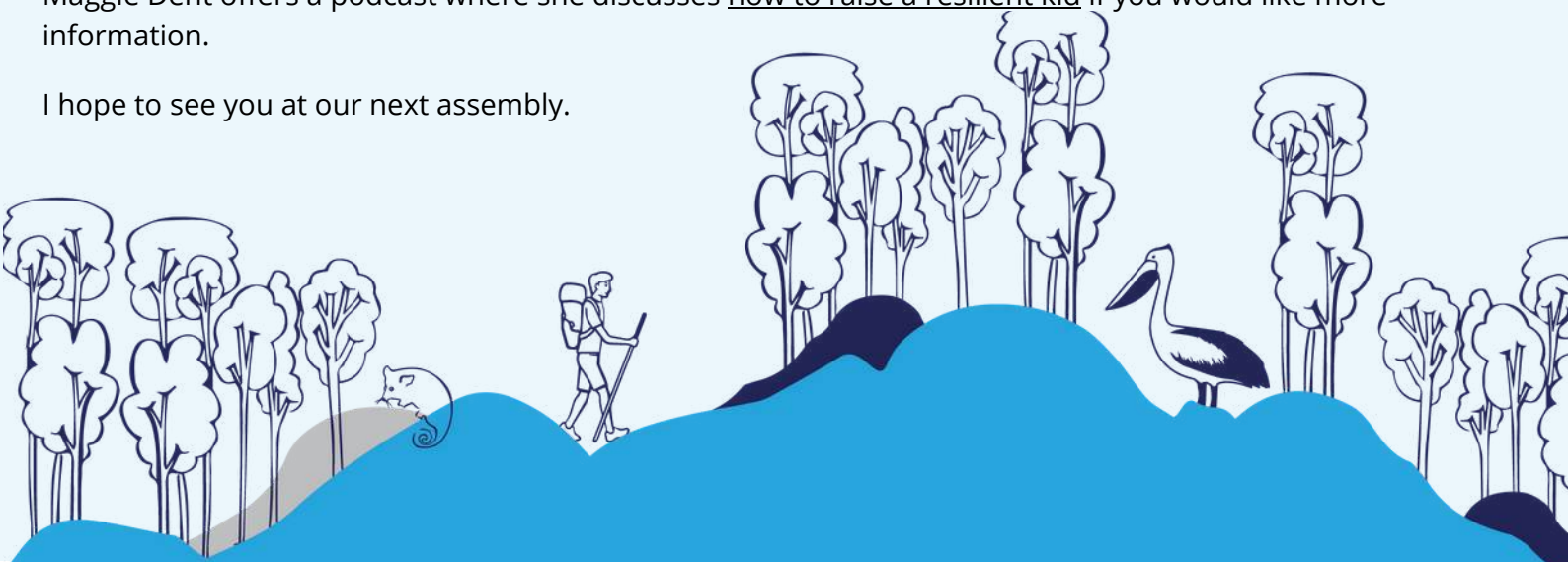
In Week 7, you will see attendance SMS messages from WalpolePS for students who have been marked as absent (similar to the current system). Further details will be attached at the bottom of this newsletter.

## Our PBS values - Be Resilient

Resilience refers to the ability to successfully manage life, and adapt to change and stressful events in healthy and constructive ways. It is about the capacity to bounce back from positive and negative life experiences. To develop emotional and psychological buoyancy in childhood gives our kids a better prospect of being able to thrive as adults.

Maggie Dent offers a podcast where she discusses [how to raise a resilient kid](#) if you would like more information.

I hope to see you at our next assembly.





## ROOM 4 OUTWARD BOUND



Outward Bound issued a challenge to Walpole Primary School and they enthusiastically accepted. Outward Bound, a company that provides survival activities for a wide range of ages, organised a specific course for the Year 4, 5 and 6 class with Helene as the instructor. In this article, you will learn about team games, challenges and bush skills we completed. Our instructor, Helene, organised a camouflage game for our class. Camouflage is a game where a person stands in the middle of a circle, the other players hide in the bush around them. The person in the middle is not allowed to go out of a circle and they had to try and spot the hiders. If they couldn't find anyone they called out 'camouflage'. The hiders need to come out of their hiding spot and high five the person in the circle. Every time the person in the circle calls out camouflage there is a timer, and it goes down 5 seconds each time. If you don't high five them in time you're out. We also played a game called Zen Master. In this game you had one person being the master and there were three poses. Pose 1 was dragon, pose 2 was crane and pose 3 was tree. We had to try and do a different pose to the Zen master if we chose the same pose as the master we were eliminated. When we were up to two people (the Zen master and someone else) you had to beat the Zen master three times in order to win.

The tyre activity was a highlight of our excursion. The rules of the game were that you had to move the tyres to a different pole (there were three poles) without placing a big tyre on a small tyre. You were only allowed to move one tyre at a time. Once we knew the rules, we quickly split up into two groups and had a practice run. We timed each group and tried to finish the activity under five minutes. During this activity we learnt a lot of valuable lessons, such as being resilient, respectful, and responsible which are also our school values. Fun but precarious the low ropes were a huge hit for the 4,5,6 class. Low ropes are an obstacle course made up of ropes wrapped around trees. Although it was fun, we had lots of safety equipment including helmets and two people on each side of the ropes to always keep you upright. We all enjoyed the activity and luckily nobody got hurt. We started to build our fire, and as it died down a bit, we split into two groups. One group made damper and the other collected sticks for the fire. It was hard to get the damper onto the sticks as we didn't put in enough flour. After we got the dough on the sticks, we roasted it for a while and added some golden syrup and cinnamon sugar. It was very filling but some of it wasn't cooked enough.

Our day at Outward Bound was a blast despite being the hottest day we had had for a while. The flies and mosquitoes were out in force too. It was great to work on our teamwork and we look forward to going to Outward Bound next year.







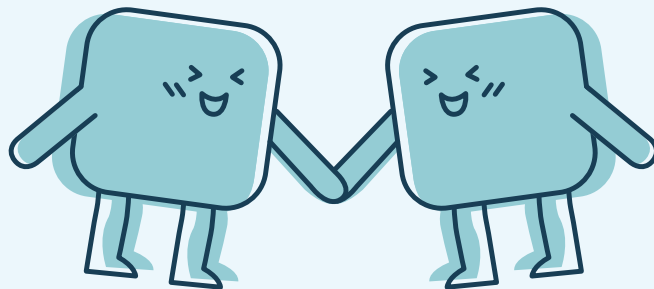
# ROOM 4 OUTWARD BOUND







# ROOM 4 OUTWARD BOUND





# SCHOOL NURSE

## Healthy Eating - Breakfast Ideas

Children should eat a healthy, nutritious breakfast to give them the energy they need for the school day. Ideally, breakfast should include fruit or vegetables, a dairy product (or alternative) and a wholegrain product. Here are some breakfast ideas:

- raisin bread or fruit loaf topped with ricotta cheese and fruit
- porridge, made with milk and topped with berries or chopped banana
- fruit smoothies, made with milk, yoghurt, soft fruit and wheatgerm or psyllium
- wholegrain muffin (topped with cheese and tomato) and a piece of fruit
- yoghurt topped with cereal and chopped or pureed fruit
- baked beans with wholegrain toast and a small glass of diluted fruit juice
- poached or scrambled eggs with toast and a glass of milk
- toast with avocado and a glass of milk
- wholegrain toast, spread with a small amount of jam or honey and topped with sliced banana, and a small yoghurt tub
- if you're in a hurry, grab a piece of fruit, a cheese stick and some low fat crackers.

Go to [www.nutritionaustralia.org](http://www.nutritionaustralia.org) for more healthy breakfast ideas.

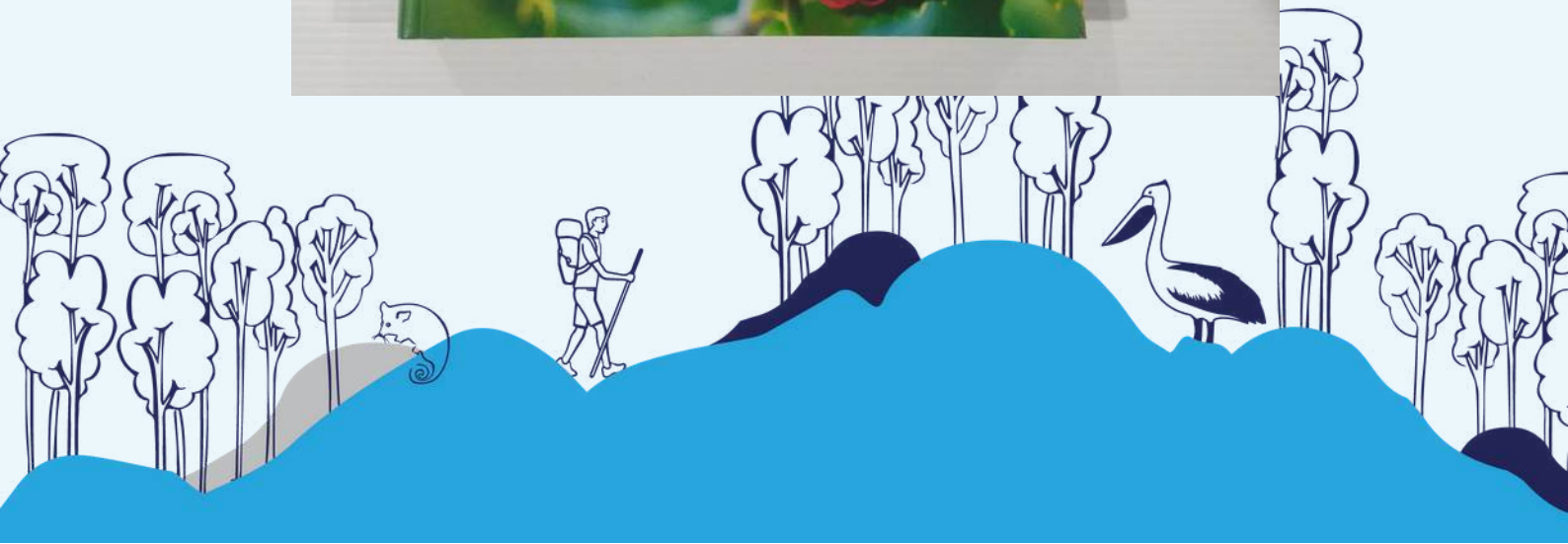
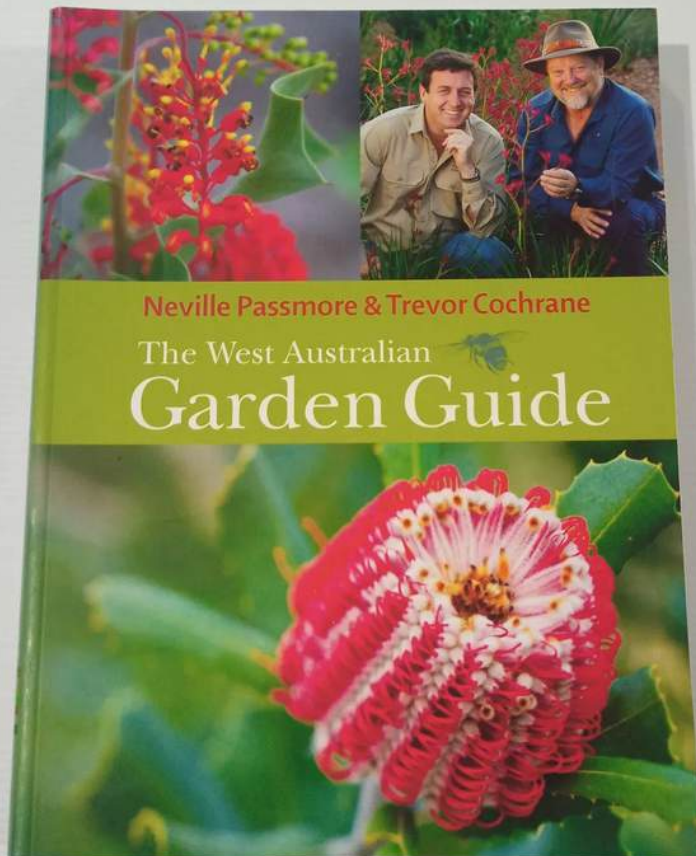






**THANK YOU TO THE P&C WHO HAVE KINDLY  
DONATED THE BELOW BOOK FOR OUR STUDENTS  
TO ENJOY.**

**THANK  
YOU**







## CONTRIBUTIONS 2024

Contributions have been set at \$60.00 per child for 2023. Payment of these enables the school to support your child's education by providing materials, services and facilities such as:

- cooking ingredients
- materials for arts and crafts, design and technology, and science activities
- class sets of resources
- access to educational software systems such as Mathletics.

This equates to \$1.50 per week or \$15.00 per term. The school is very happy to support families wishing to set up a payment plan, please contact the office and organise to meet with the Manager Corporate Services.



## BUS NOTIFICATION

To assist the smooth departure of the school buses, **could you please contact the office via phone or email before 2pm** if there is to be a change in plans for children getting home. Please also contact the office regarding ongoing changes such as participation in after-school sport on Wednesdays (when running).



## FEELING UNWELL

Families are reminded that if your child is unwell with flu like symptoms that they stay home until their symptoms resolve.

To ensure the safety of our students, parents please make sure that the office has the most up to date medical details for your child.







# BIKE 2 BREAKFAST



Government of Western Australia  
Department of Transport



## BIKE 2 BREAKFAST 4 ALL

**FRIDAY 25 OCTOBER 2024**  
**MCLEAN HOUSE, BRAZIER STREET, DENMARK**

Celebrating Bike Month with something for everyone!  
Register for our rides or bike sessions and enjoy a grab'n' go breakfast.

6.15AM – 7.45AM ROCKCLIFFE RIDE (includes XC Loop and Back)

7.30AM – 8.30AM JUNIOR SKILLS & DRILLS

8.00AM – 10.00AM CYCLING WITHOUT AGE – 20min TRI-SHAW RIDES

(Accessible Friendly)

9.00AM – 10.00AM TOWN RIDE

GRAB'N'GO BREAKFAST (for cyclists) 7.30am – 9.30am

Muffins/Mini Quiches/Fruit/Muesli Bars/Juice/Tea/Coffee

REGISTER ONLINE FOR YOUR CHANCE TO WIN!



Proudly supported by



[wabikemonth.com.au](http://wabikemonth.com.au)





# ALBANY LITTLE ATHLETICS



LITTLE ATHLETICS IS A FUN, SOCIAL AND ACTIVE PROGRAM TO KEEP FIT, BUILD THE FOUNDATIONAL SKILLS OF RUNNING, JUMPING AND THROWING AND MAKE FRIENDS FOR LIFE !

OUR LOCAL CENTRE DELIVERS WEEKLY ATHLETICS COMPETITIONS OFFERING A VARIETY OF EVENTS AND TRAINING SESSIONS FOR YOUNG PEOPLE AGED 5 - 16.

## Registrations open September



Season fee applicable  
+ uniform fee

Starts October -  
Saturdays from 8.30 am

Email us at  
[Albanylittleathletics@gmail.com](mailto:Albanylittleathletics@gmail.com)

Find us on facebook at  
Albany Little Athletics







# OCEAN BEACH PHYSIO



## *Occupational Therapy now available!*

OT services we provide:

- Improved fine motor skills
- Increased independence in daily activities
- Handwriting
- Enhanced focus and attention
- Gross motor skill development
- Improved social skills
- Self-care skills
- & more!



Our OT, Georgia, has a wide range of experience working with people with disabilities in the Great Southern Region.

Georgia approaches her therapy through a holistic, play-based and family-centred model.



How to refer:

- You can self-refer by filling out our OT referral form found on our website.
- You can ask your GP to refer you for medicare rebate sessions.
- We accept NDIS participants.

Contact us - [ot@oceanbeachphysio.com.au](mailto:ot@oceanbeachphysio.com.au) 9848 1965 [www.oceanbeachphysio.com.au/](http://www.oceanbeachphysio.com.au/)





*email your  
newsletter  
items to:*

walpole.ps@education.wa.edu.au or dropped off at  
the office by 3pm Monday of newsletter week.  
Newsletters this term will be made available from  
our website on Friday of Week 3, 7 and 10.



08 6871 0200

1 Swan Street Walpole WA 6398

walpoleps.wa.edu.au

walpole.ps@education.wa.edu.au



# Parent Information Booklet: Attendance SMS

## Transitioning to the new System

Walpole Primary School is transitioning to a new system, this means all Attendance SMS messages will now come from a new contact WalpolePS.

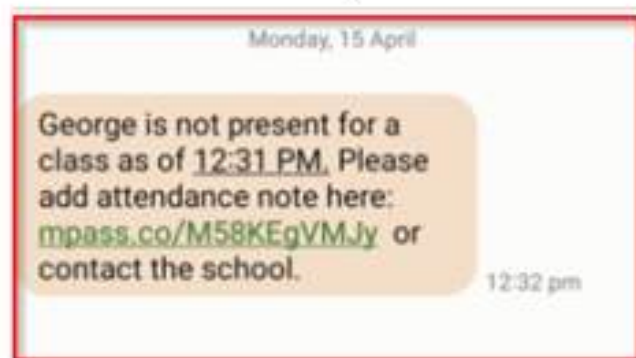
The new system will notify parents, guardians, and caregivers of unexplained absences or late arrivals.

What will change for Parents?

The new system starts on 19/11/2024. It will send parents an SMS on their mobile phone when their child is marked absent without an explanation.

Parents should delete the old Absentee SMS number to avoid confusion. They should not use it to communicate with the school.

This is a sample message. Parents will get this SMS with the link if their child is marked absent without an explanation. Parents should use this link to add attendance notes about their child's absence. Please note that the link will be valid for only 48 hours. Do not reply to this message via SMS as the school will not receive it. The school will receive your response via the link provided. Ensure the phone is connected to an Internet data plan or has WIFI access to use the hyperlink.



If the child is absent again without a prior explanation, parents will get a new one-time link.

If parents do not use the link provided, they can notify the school of their child's absence via telephone or email.

If you have any other questions regarding the Attendance SMS Communications, please call 08 6871 0200.